



Pre-Employment Transition Services (Pre-ETS)

Pre-Employment Transition Services, or Pre-ETS, are free services to students with disabilities ages 14 to 22 provided by Tennessee’s Vocational Rehabilitation (VR) Program through the Tennessee Department of Human Services (DHS). With Pre-ETS, you can learn more about choices and options for your future. You must be a student (in high school or college) to participate in Pre-ETS. Also, Pre-ETS is FREE to you!

Who can ask for Pre-ETS?

- ✓ You (the student)
- ✓ Your Parent/Guardian
- ✓ Your School
- ✓ Others who support you



Where can I find Pre-ETS?

To get Pre-ETS services, you can do one of the following offices:

- ✓ Contact your regional Vocational Rehabilitation (VR) office
 - To find an office, use this link:
<https://www.tn.gov/content/tn/humanservices/ds/office-locator-trc-ttap.html>
- ✓ Call for VR Services
 - To call, use this number: 833-751-0597



5 Areas of Pre-ETS

- ✓ **Job Exploration Counseling** – You can explore careers you might be interested in and get excited about working after high school.
Examples: exploring O*NET OnLine (www.onetonline.org), talking about jobs in your area, going to a career fair
- ✓ **Work-Based Learning Experience** – You can learn more about a job, what skills are needed, and how it can lead to a career in an actual workplace setting.
Examples: internships, volunteering, workplace tours, job shadowing
- ✓ **Counseling on Educational and Training Options** – You can learn about college, training programs, and other choices that can help you get a job after high school.
Examples: touring colleges, researching colleges, looking at college application
- ✓ **Workplace Readiness Training** – You can learn skills that can help you prepare for a job in the community and other skills that can help at home.
Examples: financial literacy, workplace hygiene, health and safety at work, being on time for work
- ✓ **Self-Advocacy Training** – It is very important to let others know your wants and needs. Having great self-advocacy skills can help when you have a job or need support at home or in the community.
Examples: how to request time off for vacation or medical appointments, telling others your strengths