



### Past Life Experiences

List past life experiences and events that have supported your vision for a good life

### Moving Forward

List current or future life experiences or goals that will continue to support your good life vision

### Vision for What I Want

List what you want your "GOOD LIFE" to look like

### What I Don't Want

List the things you don't want or what is NOT a "good life"

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List past life experiences that pushed your trajectory toward things you don't want

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List things to avoid that could keep you from your good life vision or lead to what you don't want

