

# **BASIC** Rights: Training on IDEA

A Parent's Introduction to Special Education



a brighter future for children with disabilities

www.tnstep.org



## STEP: Who We Are & What We Do

Support and Training for Exceptional Parents, Inc. (STEP) is a statewide not-for-profit established in 1989 serving Tennessee families.

We are Tennessee's PTI - Parent Training and Information Center.

### WHO do we help?

Families or caregivers in
Tennessee with children and
youth, birth to 26, with a
diagnosed or suspected disability
or special healthcare/mental
health needs. STEP believes
parents and caregivers are a
child's best advocate.

### HOW do we help?

- ★ Navigating special education laws
- ★ IEP or 504 Plan review and assistance
- ⋆ Virtual and in-person workshops and training
- ★ Referrals to other agencies

- ★ Life after high school planning
- ★ Training videos and webinars
- ★ Collaboration and communication
- ★ Special education updates



## **Services are FREE for Tennessee families**





## STEP: Who We Are & What We Do

STEP believes in collaborating with schools and agencies to improve results for Tennessee students.

### WHAT does STEP offer professionals?

- High quality in-service and professional development
  - IDEA and Section 504
  - Instructionally appropriate IEPs
  - Response to Intervention
  - Family engagement
  - Postsecondary transition
  - Customized needs-based training
- Parent in-person and virtual workshops on special education topics
- Youth activities

# HOW much does it cost for Professionals?

- >FREE if parents and caregivers are invited
- FREE if funded by grants from the Tennessee
  Department of Education
- > Fee-for-service but very cost effective

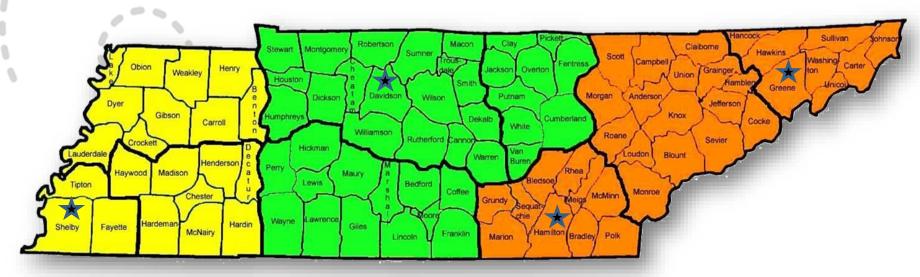




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## STEP: Who We Are & What We Do

STEP believes in collaborating with schools and agencies to improve results for Tennessee students.



WEST - Memphis office Serving West TN counties **MIDDLE - Nashville office** Serving Middle TN counties

Bilingual staff available for families

**EAST - Greeneville office/Headquarters**Serving East TN counties

Chattanooga Satellite Office
Serving Bilingual families across the state

U.S. Office of Special

Education Programs

STEP, Inc. is one of over 100 Parent Training and Information Centers (PTIs) nationwide, providing training, tools, and information to parents, caregivers, and professionals in Tennessee.



## **Our Funding Sources**

 $\mathsf{PTI}$ 

Tennessee
Parent
Training &
Information
Center

**SPDG** 

State Personnel Development Grant



Funded by OSEP – Consultant for 12 state region technical



Funds raised through events, donations, contributions, foundations, sale of products, and other sources









## **Our Mission**

**STEP's Mission** is to serve families of children and youth, young adults, and those who are involved in their lives.

We provide accurate, timely, and relevant information and training related to special education rights, equal access to quality education, and connections to community resources.

We believe that parents and caregivers are their children's best advocates, and that youth with disabilities should be selfadvocates.

We know that families and youth who are informed, empowered, and engaged can effectively collaborate as part of a team for services and supports that will lead to improved outcomes and success in life.







## **Our Vision**

**STEP's vision** is to ensure a brighter future for children and youth in Tennessee, with an emphasis on those with disabilities, special health care needs, and mental health needs.







# Objectives

You will leave today with a basic understanding of:

- Special Education terms and laws
- Rights of a parent
- Confidence in your role as an IEP team member
- High expectations for your child
- How to use the STEP Parent Manual

Congress finds education can be made more effective by having **high expectations**... in order to meet developmental goals and, to the maximum extent possible, the **challenging expectations** that have been established for all children... to **lead productive and independent adult lives**. IDEA 2004 Statute 601(c)(5)(A)(i-ii)





## How to Use the STEP Parent Manual

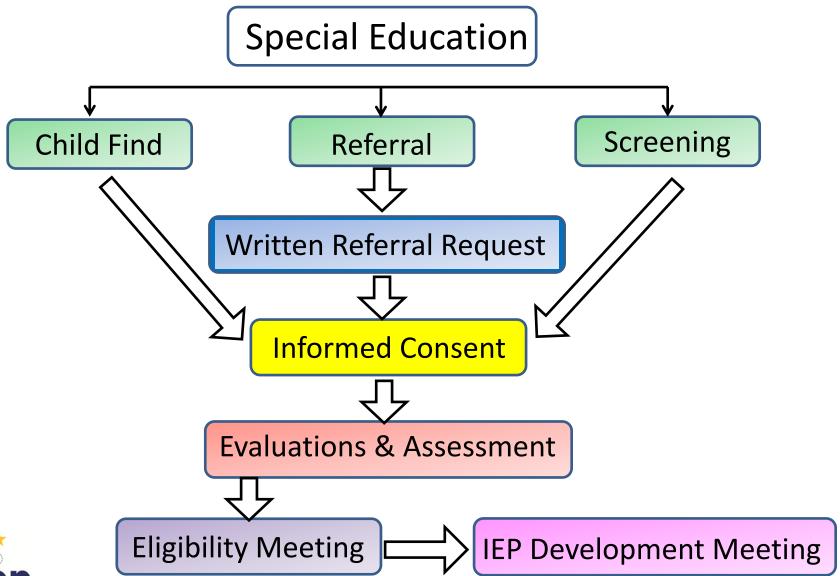
IDEA Federal Laws and Regulations Overview (Blue)	Last page tells you how to look up regulations in IDEA
IDEA 2004 Statute IDEA 2006 Regulations (Red)	Appendix at the back of the section is used like a phone book – think of what you want to know and find it to get the section of law
Section 504, Rehabilitation Act (Green)	
FERPA Regulations (Purple)	
State Laws, Rules and Policies (Blue)	Last 2 pages are Timelines in Tennessee Special Education
Tennessee specific rules in addition to IDEA (Orange)	1st page - Special Education Table of Contents Administrative Complaint Guide Part 303 index and code Special Education Disability Specific Standards
Educational Advocacy for Parents (Blue)	Parental rights Letter writing with examples
Resources (Blue)	Addresses and web sites for various organizations

# **Special Education Terms**

- FAPE Free Appropriate Public Education
- IDEA Individuals with **D**isabilities **E**ducation **A**ct
  - Part A-Addresses General Provisions
  - Part B- Covers the assistance for education of all children with disabilities (3 21 inclusive)
  - Part C- Covers Infants and toddlers with disabilities (birth-3)
  - Part D- Addresses national activities to improve the education of children with disabilities
- IEP Individualized Education Program
- IEP Team People that develop the IEP and make all educational decisions
- IFSP Individualized Family Service Plan
- LEA/SEA
  - Local Education Agency (your school system)
  - State Education Agency (TN Department of Special Populations)
- Related Services
  - OT Occupational Therapy
  - PT **P**hysical **T**herapy
  - SLP Speech & Language Pathology
- Special Education Specially Designed Instruction

There are MANY more acronyms you will hear so If you are not sure...ASK!

# Special Education Flow Chart





## Request for Evaluation Process

#### **Child Find**

Requires all school districts to identify, locate and evaluate all children with disabilities, regardless of the severity of their disabilities, including those in private schools.

#### Referral

Parent of a child, an SEA, other state agency or LEA may initiate a request for an initial evaluation. IDEA 2004 Statute 614(a)(1)(B)

#### Possible responses:

- School can agree and proceed with informed consent
- School can disagree with need to evaluate and provides written notice
- School can disagree with particular assessments requested for specific suspected disabilities

#### **Screening**

Performed by a teacher or specialist to determine the need for evaluation.



## Informed Consent to Evaluate

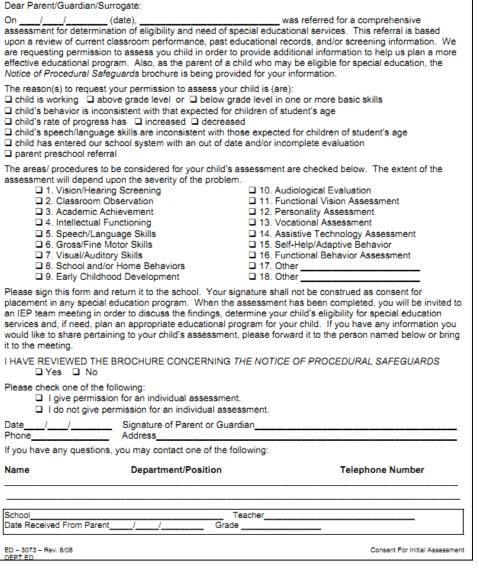
- Prior to an initial evaluation, parents must provide written consent.
- TN uses Initial Assessment form ED-3073 – Rev. 8/08

#### Other times parental consent is required:

- Before providing services
- Before accessing insurance
- Before releasing or sharing your child's information
- Before an individual evaluation

IDEA 2006 Regulations 300.300







## **Evaluation**

- Cannot be racially or culturally biased and must be in your child's native language and mode of communication
- Must get a complete "picture" of your child's educational needs, including your child's functioning (RTI data used for Specific Learning Disability)
- Must be information from more than just one test
- Instruments must be selected and given taking your child's special needs into consideration
- Evaluations are done by a team of professionals... Including a specialist in the area of the child's disability

#### Child is assessed in all areas of suspected disability

- Health
- Social & emotional status
- Vision
- General intelligence
- Hearing Academic performance
- Communicative status
- Motor abilities

IDEA 2006 Regulations 300.304(c)(4)



# Eligibility – 2 Prong Test

Is there a disability? Yes

**Autism Deaf-Blindness** 

**Deafness** 

Developmental Delay\*\*+

**Emotional Disturbance** 

Functional Delay\*\*

Hearing Impairment

**Intellectual Disability** 

Intellectually Gifted\*\*

Multiple Disabilities

Orthopedic Impairment

Other Health Impairment

Specific Learning Disabilities

Speech or Language Impairment

Traumatic Brain Disorder

Visual Impairment

\*\* Tennessee specific category

\*\*+ LEA specific category

Does the child need special education and related services?



**IEP team meeting** scheduled



Not eligible under IDEA; may be eligible under Section 504

If you disagree with an evaluation and/or the team cannot agree:

- Share your concerns
- Ask for reassessment
- Request further evaluation
- Independent Educational Evaluation (IEE)
- Mediation
- **Due Process hearing**
- **Resolution Session**



# Eligibility Meeting

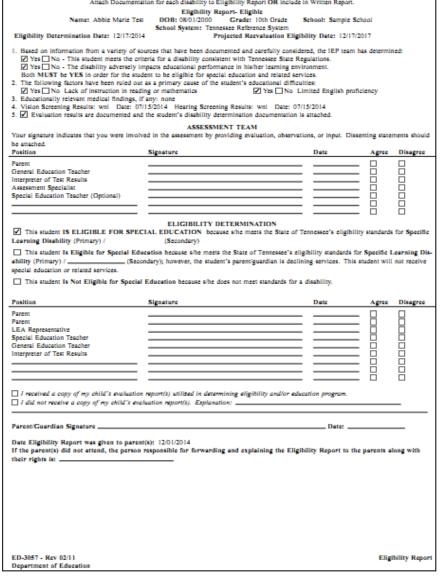
#### Who attends this meeting?

"A group of qualified professionals and the parent of the child" IDEA 2006 Regulations 300.306(a)(1)

# What information should parents receive?

"The public agency provides a copy of the evaluation report and the documentation of determination of eligibility at no cost to the parent" IDEA 2006 Regulations 300.306(a)(2)

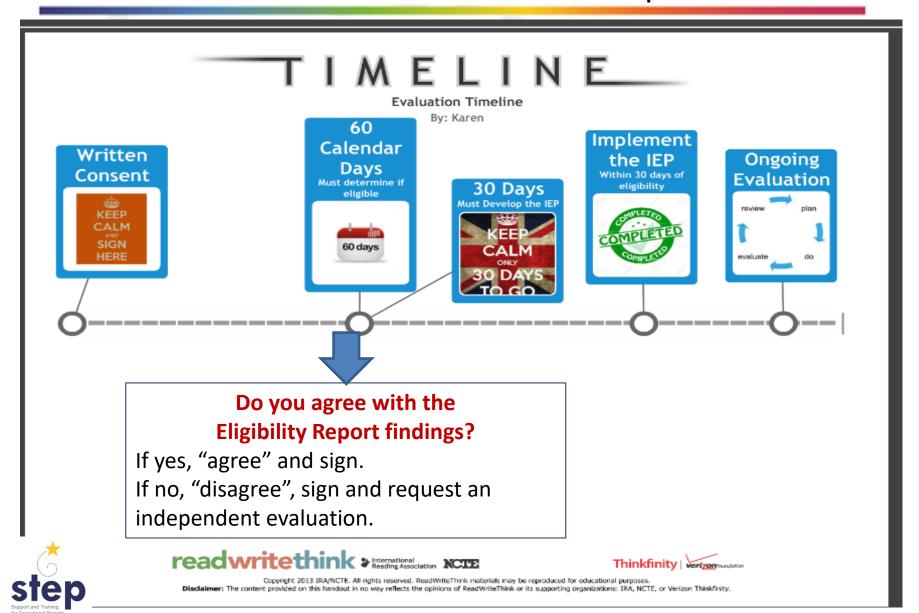
What does "Exceptional" mean? Exceptional "Yes" is a deficit area





## Infographic

## Timeline for Initial Evaluation and Development of an IEP



## Reevaluation

Reevaluations are used to determine whether the child:

- Continues to have a disability and their educational needs
- Continues to need special education and related services
- Requires any additions or modifications to the IEP to meet their goals and participate in general curriculum

IDEA 2006 Regulations 300.305

- " (1) May not occur more than once a year, unless the parent and the public agency agree otherwise; and
- (2) Must occur at least once every 3 years, unless the parent and the public agency agree that a reevaluation is unnecessary."

  IDEA 2006 Regulations 300.303(b)





# **Procedural Safeguard Notice**

#### LEA provides one copy to parents each year, plus

- at initial referral or parental request for an evaluation
- upon the first occurrence of filing a complaint
- upon request by a parent



#### **Topics Covered**

- Independent educational evaluation
- Prior written notice
- Parent consent
- Access to educational records
- The opportunity to present and resolve complaints...
- The child's placement during pendencyof a due process hearing

- Procedures for students who are subject to placement in an interim alternative educational setting
- Requirements for a unilateral placement by parents in a private school
- Due process hearings
- State-level appeals
- Civil actions
- Attorneys' fees



# Invitation to IEP Meeting

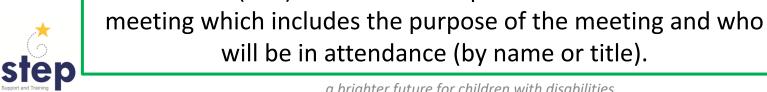
"Each public agency must take steps to ensure that one or both of the parents...are present at each IEP team meeting or are afforded the opportunity to participate, including--notifying parents of the meeting early enough...and scheduling the meeting at a mutually agreed on time and place." IDEA 2006 Regulations 300.322(a)

### Who can request an IEP team meeting?

Parent	School (LEA) personnel	
Not later than 10 school days from	10 day notice required before a	
written request	meeting	
TN Rules 0520-01-0914	TN Rules 0520-1-0915	



The school (LEA) MUST send the parent an invitation to the





## **IEP Team**

#### **Core Members**

- Parents of the child
- Regular education teacher <u>of the child</u>
  - Not less than one if the child is, or may be, participating in the regular education environment
- Special education teacher <u>of the child</u>
- School (LEA) representative
  - Qualified to provide, or supervise the provision of specially designed instruction
  - Knowledgeable about the general curriculum
  - Knowledgeable about the availability of resources of the LEA

#### **Situational Members**

- Evaluation/instructional interpreter
  - A person who can interpret the instructional implications of the evaluation results
- Other individuals
  - Who have knowledge or special expertise concerning the child including related service personnel
- The child
  - Whenever appropriate, and the student must be invited for transition planning
- Transition services participants



IDEA 2006 Regulations 300.321

## Instructionally Appropriate IEP Components

- Student information
- Student's strengths
- Concerns of the parent
- Present Levels Of Performance (PLEP)
- Special factors
- Transition service needs
- Measurable Annual Goals (MAGS)
- Program participation (Accommodations)

- Participation in standardized testing
- Special education and related services including supplementary aides and services
- Participation with students
   without disabilities, including
   extracurricular and non-academic
   activities
- Transportation







## **Parent Concerns**



## Keys to Developing an Appropriate IEP

# High Expectations

- Close the achievement gap
- What are same age non-disabled students doing?

# Effective Education

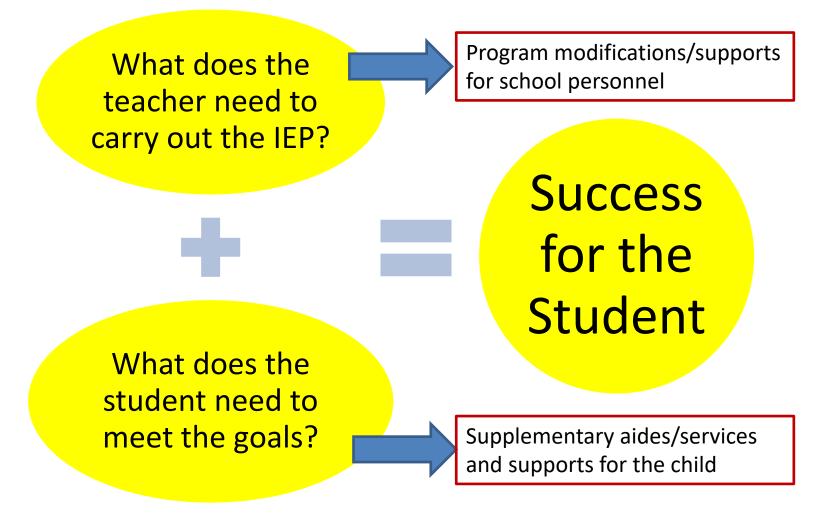
- Services based on researched and peer-reviewed practices
- Schools must use strategies that are effective in realizing a child's goals.
   TN Rules 0520-01-09-.12

## Measurable Progress

- Well defined goals aligned to areas of need
- Data based decision making
- Demonstrated ability across settings



## Focus on the Needs of the Student





## Placement

All placement decisions are to be made AFTER the child's program (goals and services) have been determined by the IEP team.

#### LEAST RESTRICTIVE ENVIRONMENT (LRE)

"To the maximum extent appropriate, children with disabilities...are educated with children who are not disabled; and special classes, separate schooling, or other removal of children with disabilities from the regular educational environment occurs only if the nature and severity of the disability is such that education in regular classes with the use of supplementary aids and services cannot be achieved satisfactorily." IDEA 2006 Regulations 300.114(a)(2)(i)(ii)



#### Placement is:

- Determined annually
- Based on student's IEP
- As close as possible to student's home
- Made in conformity with the LRE provisions of IDEA

#### LRE means:

- Your child's education should be carried out in the most typical setting possible
- Your child should have opportunities to interact with his/her peers
- Not every child with a disability will be educated in a typical class



## Prior Written Notice

#### Must be provided before the LEA may:

- Propose to initiate or change
- Refuse to initiate or change the identification, evaluation, educational placement of a child, or provision of FAPE to the child IDEA 2006 Regulations 300.503



#### **Prior Written Notice includes:**

- Description of the action
- Explanation of "why"
- Other options considered
- The evaluations that were used as a basis
- Any other factors used
- Statement of the parent's protections
- Sources to obtain assistance understanding the notice



## **Transition**

#### #1 Focus - Student's Desired Life and Goals

- Transition planning begins at age 14 time for self-advocacy
- Addresses 4 main categories: Employment, Independent Living, Post-Secondary Education and Community Involvement
- Transition goals are designed to prepare student for life after high school
- Responsibility for implementing the goals on the transition plan can involve teachers, students, parents and community
- 4 year course of study (can change annually based on need)
- Transition should have at least one current present level of performance (PLOP)
  followed up with goals and/or objectives in the IEP (this is separate from the
  Transition page in the IEP)
- Students have the right to make their own educational decisions at the age of 18 unless a conservatorship is obtained









IDEA 2006 Regulations 300.43

# Comparison of Diplomas

Diploma	Who Is Eligible?	Terminal (Yes or No)	Included in Graduation Rate?
Regular Diploma	Everyone	Yes—terminates eligibility for IDEA services	Yes
Alternate Academic Diploma	Students assessed on the alternate assessment	No—student is still eligible for IDEA services through 21	Yes*
Occupational Diploma	Students with an individual education program (IEP) who will not be able to earn the regular diploma	No—student is still eligible for IDEA services through 21	No
Special Education Diploma	Students with an IEP who will not be able to earn the regular diploma	No—student is still eligible for IDEA services through 21	No



\*Included in graduation rate if completed within the four years plus one summer time limit.

# You & the IEP Meeting

#### **BEFORE**

- Familiarize yourself with special education processes and laws
- Know your rights!
- Find out about services your school system offers
- Review your child's records
- Review most recent evaluations
- Request copies of all documents that will be used at the meeting and those that you will be asked to sign
- Find out who will be at the meeting
  invitation to the meeting
- Organize and prioritize your thoughts on paper – bring your top 3 or 4 items

#### **DURING**

- Introductions at the meeting start
- Be confident and positive
- Bring your records and share your information and knowledge
- Ask questions, if you don't understand, ask for an explanation
- Ask for copies of anything being discussed during the meeting
- Take notes
- Encourage everyone to participate in the discussion
- Behave as if nothing is "cast in stone" (except your rights!)
- Be sure to make all of your points (use your list!)



## Now What?

Read the IEP meeting notes to make sure they accurately reflect the "Yes, we will do..." and "No, we will not do..." conversations prior to signing agreement.

Make sure you get copies of everything!



It is okay to take time to read and understand what you are signing.

Ask questions, and if you are unsure, request time to take it home and review the document further prior to signing.

You have 14 days to review and sign the IEP.

Contact the LEA representative if you have questions prior to signing.



# Process of Advocacy

- Recognize that a problem exists
- Define the problem
- Commit to do something about the problem
- Gather information
- Identify a desirable solution
- Developing a strategy for attaining solution
- Take action! Use the Chain of Command

## **Chain of Command**

## Who do you contact?

- Ask at the IEP meeting who to contact if you have questions or concerns
- Always start at the local school and then the school district
- If unresolved, follow conflict resolution processes:
  - Compliance (Administrative Complaint)
    - Tennessee Department of Education (state)
    - Office of Special Education Programs (federal)
  - Discrimination (Civil Rights Complaint)
    - Office for Civil Rights (federal)

**Keep a log of conversations** 

Maintain a running list of your concerns
Follow-up verbal conversations with a written note
Send thank you notes



## More Information



#### **Website**

www.tnstep.org



## **Events Calendar**

https://tnstep.org/events

# Archived Webinars & Virtual Trainings

https://tnstep.org/webinars



#### **STEP's Parent Manual**

View on home page at <a href="https://www.tnstep.org">www.tnstep.org</a>, or order disc or hardcopy







facebook.com/steptn



youtube.com/user/TNStep



twitter.com/tnstep

Training
Workshops
DVD's
English & Spanish





# Empowering Families to Ensure a Brighter Future for Children with Disabilities

This is a journey, and the STEP staff is available to provide support, information, and training to families and students!

Call 800-280-7837 or your local office

westrtc@tnstep.org (901) 726-4334

#### **Middle Tennessee**

middlertc@tnstep.org (615) 463-2310

#### **East Tennessee**

eastrtc@tnstep.org (423) 638-5819

#### **Español**

dorca.rose@tnstep.org (800) 975-2919

#### **Business Office**

information @tnstep.org (423) 639-0125 1113 Tusculum Blvd., #393

Greeneville, TN 37745 Fax (423) 636-8217









# Share Your Thoughts

Please take a moment to take our parent survey.

https://www.surveymonkey.com/r/STEPBR







